



## **Term 2, 2020/2021 Season ~ Cartwheels Information Memo**

**Updated: NOVEMBER 6, 2020**

Cartwheels is pleased and grateful to have reopened our business safely after being closed due to the COVID-19 pandemic. To our returning members, thank you for hanging in there with us from the bottom of our hearts. To our new members, welcome and we hope you enjoy our programs. Our reopening protocols have been executed above and beyond, following those that have been established by our governing body, Gymnastics Ontario, Ontario's Ministry of Health and Halton Public Health. Our programming has been re-imagined for Season 11, with attention to physical distancing, lowering capacity in our facility overall, reduced class sizes, plus enhanced cleaning daily, weekly and during our classes. Please note that all these protocols are subject to change and may be updated during the season due to the fluid nature of the pandemic and the protocols we receive. Cartwheels will continue to keep everyone up to date of any changes to the info below.

Please take a moment to read through the following information thoroughly and email us any questions that you may have to: [info@cartwheelsgymcentre.com](mailto:info@cartwheelsgymcentre.com)

**Halton Hills current provincial mandated category: PROTECT (yellow)**

### **What you need to know before you arrive for class:**

- 1) Our facility has received some changes during our pause between terms, to section our gym into "rooms" for our classes to meet the new protocols.
- 2) During the PROTECT (yellow) phase of the provincial government categories **we will not be allowing viewing in the facility.** If we roll into the PREVENT (green) or Gymnastics Ontario earns us exemption from the "ten persons per room" then viewing will resume in our previous rule, of one adult per family. We appreciate everyone's patience and understanding with this new protocol. We are working hard to advocate at various levels for exemption for our facility.
- 3) We will always have an extra staff member in the office to clean bathrooms between uses or to contact a parent should the need arise. Please ensure we have updated cell phone information should that change during your term.
- 4) Following the government mandated protocols to ensure the safety of all the participants, our staff, and parents/guardians, everyone entering will go through a check in and screening station. We ask that you arrive no more than 10 minutes before your child's class time as we cannot have "extra" people in the facility during classes. Please follow direction arrows when entering the lobby. The arrival process will ask if you completed the self screening assessment website that day, and health screening questions asked by our concierge. If anyone other than the parent/guardian listed on the registration is participating in an assisted program (Tiny Gym and Mini Gym), then we will require a name and phone number of that adult. Please provide this info to our concierge upon arrival.

- 5) Once participants are screened, they will be asked to clean their hands at our sanitizing station located inside the front door. Sanitizer stations are also available in the gym for use and encouraged between stations.
- 6) Parents of non-viewing programs will not be permitted to enter our facility past the lobby where they may assist their child with footwear. Please be prompt for pick-up, where your child's coach will release your child at the front door when they've made eye-contact with parent/guardian.
- 7) Each participant or persons entering will be asked to remove their shoes upon arrival and place their shoes on our shelf in the lobby. Participants will then enter the viewing area and head to a single distanced chair. You may leave all personal belongs at your chosen chair. Participants will then proceed to their designated room for that week's class. In the six week term, your child will participate in alternating rooms each week.
- 8) Due to the Halton Region and Town of Halton Hills by-law anyone over age 5, will be required to **wear a mask upon arrival, while in the lobby, office, viewing area, and bathrooms**. Children participating in a class will be permitted to hang their mask on their class designated hooks once they enter the gym for class. Children are permitted also to keep their masks on for the duration of class should the family make that decision. Parents participating in the programs must always keep their mask on. Participating children in the class "can remove their mask when engaging in an athletic activity", but those five and older must immediately place it on while using our bathrooms and before returning to the viewing area after class.
- 9) Please arrive dressed and ready for class as our changeroom will continue to remain closed due to our reopening protocols. We have intentionally spaced our class times to create a distanced stagger between arrivals and exits to our facility. We ask that everyone arrives on-time and does not hang around after class so that we may prepare the gym for the next classes or proceed to our closing preparations and deep cleaning at the end of the time slots.

#### **Class structure/expectations:**

- 1) Our coaches are required to physically distance from each gymnast and are currently mandated by a no/limited spotting protocol by Gymnastics Ontario. Our staff will distance where we can but offer very limited spotting (while wearing a mask) for progressions or to encourage skill development. Our coaches will make exception to the no-spotting protocol in the event of an emergency/fall. We will require 1:1, parent to be participating in Mini Gym (as well as always, for Tiny Gym) for the 2020/2021 season.
- 2) Sadly we will not be allowing infants in the gym in carriers during our weekday Tiny Gym and Mini Gym classes this season. We must abide by all rules/protocols assigned by Gymnastics Ontario during this ongoing pandemic.

#### **Cartwheels Cleaning Promise and bathroom use**

- 1) High touch services will be wiped down between groups in the training space. Cartwheels uses VitalOxide and other approved products on our training equipment. VitalOxide is an approved, odourless, hospital grade disinfectant that kills 99.9% of virus, germs, and bacteria. Our equipment (bars, mats, blocks, trampolines), bathrooms and viewing area fixtures will be fogged between each time slot with VitalOxide.

- 2) We kindly ask that you use the bathroom at home before arriving. Should a bathroom visit be required anyone over age 5, is required to wear a mask in the bathrooms. We will clean/fog our bathrooms between each time slot. Cartwheels will continue (as we have for more than two years) to employ EnviroMaster for a weekly sanitization service applying a germicidal spray barrier and electrostatic application of VitalOxide to our sinks and toilets. Please note once again, our changerooms are closed until further notice.
- 3) Our change table for Tiny Gym participants will be moved to one of our bathrooms until the changeroom can reopen.
- 4) Sanitizer stations are also available in the gym for use between stations. Should your child have allergy/sensitivity to hand sanitizers, you are welcome to bring your own.

**Illness and sick policy: mandated by our government, Public Health & Gymnastics Ontario**

Prior to attending our programs we ask that gymnasts and the parent participating and/or viewing take the Ontario.ca self assessment: <https://covid-19.ontario.ca/self-assessment/>

Upon arrival to our facility each family will be asked:

- Do you or anyone in your family have COVID-19 or COVID-19 symptoms?
- Have you or anyone in your household travelled outside of Canada in the last 14 days?
- Have you or anyone in your household been in close contact with a probable or confirmed case of COVID-19?

If the athlete or participating parent answers “yes” to any of the above questions, they will not be permitted into the facility. If a participant shows signs of sickness during their class, they will be removed from the program immediately. A parent will be notified for pick-up if not present in the gym.

**Refunds/Credits:**

In the event of a forced closure of our facility in response to COVID-19, a pro-rated credit will be applied to your account to be used towards future programming. If the closure is 14 days or less, we may be able to offer make-up classes. If the make-up classes are available, then credit would not be offered. Refunds for cancellation of a program are only given before the term begins or if Cartwheels cancels the program. Due to coach/athlete ratios, make up classes are not available should you miss a class.

Cartwheels will continue to offer a refund of classes not yet taken to new members if requested within the first two weeks of a term. The Gymnastics Ontario membership fee is non-refundable. Returning members are not eligible for a credit/refund once a term begins.

**Cartwheels Progress Certificates**

Due to the shortened terms and class times we are offering this season, Cartwheels will not be evaluating or providing progress certificates. Our gymnasts will be encouraged with positivity and progress through skills to their fullest abilities/capabilities.

*Thank you for taking the time to read through our memo. We appreciate everyone’s understanding and compliance of the rules/protocols Cartwheels has put in place to keep our members, families, coaches and staff safe. Jenn Budgen and Patricia Murphy-Banna – co-owners, Cartwheels Gym Centre Inc.*