



Term 1, 2020/2021 Season ~ Welcome (back) to Cartwheels Information Memo

Updated: September 11, 2020

Cartwheels is pleased to have reopened our business safely and slowly after being closed due to the COVID-19 pandemic. To our returning members, thank you for hanging in there with us from the bottom of our hearts. To our new members, welcome and we hope you enjoy our programs. Our reopening protocols have been executed above and beyond, following those that have been established by our governing body, Gymnastics Ontario and from Ontario's Ministry of Health. Our programming has been re-imagined for Season 11, with attention to physical distancing, lowering capacity in our facility overall and class sizes, plus enhanced cleaning daily, weekly and during our classes. Please note that all these protocols are subject to change and may be updated during the season due to the fluid nature of the pandemic and the protocols we receive. Cartwheels will continue to keep everyone up to date of any changes to the info below.

Please take a moment to read through the following information thoroughly and email us any questions that you may have to: info@cartwheelsgymcentre.com

What you need to know before you arrive for class:

- 1) Following the government mandated protocols to ensure the safety of all the participants, our staff, and parents/guardians, everyone entering will go through a check in and screening station. We ask that you arrive no more than 10 minutes before your child's class time as we cannot have "extra" people in the facility during classes. Please follow direction arrows when entering the lobby. The arrival process will include health screening questions asked by our concierge. If anyone other than the parent/guardian listed on the registration form is viewing or participating in an assisted program, then we will require a name and phone number of that adult. Please provide this info to our concierge upon arrival.
- 2) Once families are screened, they will be asked to clean their hands at our sanitizing station located inside the front door. Sanitizer stations are also available in the gym for use between stations.
- 3) Each family will be asked to remove their shoes upon arrival and place their shoes on our shelf in the lobby. If you would rather keep your shoes with you, then you are welcome to bring your own reusable bag to store your shoes in while in the viewing area. Parents and gymnasts will then enter the viewing area and head to a single distanced chair. If a parent is attending the class with their child, we ask that you not choose not one of the front row chairs and you may leave all personal belongs at your chosen chair. Please practice physical distancing while waiting for your class to begin and don't allow children to wander. Viewing parents must remain at their chair for the duration of the class time and keep their child with them while waiting to be invited into the gym. Chairs are sanitized between class times.
- 4) Due to the Halton Region and Town of Halton Hills by-law anyone over age 5, will be required to **wear a mask upon arrival, while in the lobby, office, viewing area, and bathrooms**. Children participating in a class will hang their mask on their class designated hooks once they enter the

gym for class. Parents participating in the programs may choose to remove their mask once they enter the training space, but immediately must place it back on and wherever distancing is difficult, and when exiting the gate as they are mandatory in the viewing area, bathrooms, office. Participants in the class will not be required to wear a mask but must immediately place it on while using our bathrooms and before returning to the viewing area after class.

- 5) We will only allow **one adult spectator per family** to be sitting in our viewing area due to distancing protocols, if no parent is required in the training area. *We apologize, but no siblings can be viewing at this time due to our protocols from Gymnastic Ontario.* No exceptions. The spectating parent will be required to wear a mask (available for purchase for \$2, if they do not bring their own). The one parent/guardian (over 18) for Tiny Gym and Mini Gym will be required to enter the gym, therefore we will not be offering a viewing spot as well due to facility capacity numbers. *Kindergym and Kindergym Plus classes are required to have a parent in the viewing area.* All other program parents are invited and encouraged to drop-off and return after class. Parents must remain at the facility until the athlete has been given permission to enter the gym. If they parent leaves during class time, please be on-time for pick up when your child's class ends. If you choose to drop-off your child, please meet your child at your chosen chair in the viewing area.
- 6) Please arrive dressed and ready for class as our changeroom will continue to remain closed at this time. We have intentionally spaced our class times to create a distanced stagger between arrivals and exits to our facility. We ask that everyone arrives on-time and does not hang around after class so that we may prepare the gym for the next classes or proceed to our closing preparations and deep cleaning at the end of the time slots.

Class structure/expectations:

- 1) Our coaches are required to physically distance from each gymnast and are currently mandated by a "no spotting" protocol by Gymnastics Ontario. For that reason, we will require 1:1, parent to be participating in Mini Gym (as well as always, for Tiny Gym) for the time being. Parents also may be asked by their child's coach to participate in Kindergym should their child be having difficulty distancing or require assistance for safety. Kindergym parents must be invited by the coach/staff before entering the training space. Should the no-spotting rule change during the term, we will continue to distance where we can but offer limited spotting (while wearing a mask) for progressions or to encourage skill development. Our coaches will make exception to the no-spotting protocol in the event of an emergency/fall.
- 2) Sadly we will not be allowing infants in the gym in carriers during our weekday Tiny Gym and Mini Gym classes this season. We must abide by all rules/protocols assigned by Gymnastics Ontario during this ongoing pandemic.

Cartwheels Cleaning Promise and bathroom use

- 1) High touch services will be wiped down between groups in the training space. Cartwheels uses VitalOxide and other approved products on our training equipment. VitalOxide is an approved, odourless, hospital grade disinfectant that kills 99.9% of virus, germs, and bacteria. Our equipment (bars, mats, blocks, trampolines), bathrooms and viewing area fixtures will be fogged between each time slot with VitalOxide.

- 2) We kindly ask that you use the bathroom at home before arriving. Should a bathroom visit be required anyone over age 5, is required to wear a mask in the bathrooms. We will clean/fog our bathrooms between each time slot. Cartwheels will continue (as we have for more than two years) to employ EnviroMaster for a weekly sanitization service applying a germicidal spray barrier and electrostatic application of VitalOxide to our sinks and toilets. Please note once again, our changerooms are closed until further notice.
- 3) Our change table for Tiny Gym or Playtime participants will be moved to one of our bathrooms until the changeroom is allowed to reopen.
- 4) Sanitizer stations are also available in the gym for use between stations. Should your child have allergy/sensitivity to hand sanitizers, you are welcome to bring your own.

Illness and sick policy: mandated by our government, Public Health & Gymnastics Ontario

Upon arrival to our facility each family will be asked:

- Are you or anyone in your household feeling ill or experiencing any flu-like symptoms?
- Have you or anyone in your household travelled outside of Canada in the last 14 days?
- Have you been in close contact with a person showing symptoms or tested positive for COVID-19, in the last 14 days?

If the athlete or participating parent answers “yes” to any of the above questions, they will not be permitted into the facility. If a participant shows signs of sickness during their class, they will be removed from the program immediately. A parent will be notified for pick-up if not present in the gym.

Refunds/Credits:

In the event of a forced closure of our facility in response to COVID-19, a pro-rated credit will be applied to your account to be used towards future programming. If the closure is 14 days or less, we will offer make-up classes during the two week break we are scheduling between our terms. If the make-up classes are available, then credit would not be offered. Refunds for cancellation of a program are only given before the term begins or if Cartwheels cancels the program. Due to coach/athlete ratios, make up classes are not available should you miss a class.

Cartwheels will continue to offer a refund of classes not yet taken to new members if requested within the first two weeks of a term. The Gymnastics Ontario membership fee is non-refundable. Returning members are not eligible for a credit/refund once a term begins.

Cartwheels Progress Certificates

Due to the shortened terms and class times we are offering this season, Cartwheels will not be evaluating or providing progress certificates. Our gymnasts will be encouraged with positivity and progress through skills to their fullest abilities/capabilities.

Thank you for taking the time to read through our memo. We appreciate everyone’s understanding and compliance of the rules/protocols Cartwheels has put in place to keep our members, families, coaches and staff safe.

Jenn Budgen and Patricia Murphy-Banna – co-owners, Cartwheels Gym Centre Inc.